

# Dance for a Cure

ID Day

I Decide to Fight Diabetes!

Proceeds will benefit the  
American Diabetes Association

**Date: 09/19/2010**

**Time: 11:30am to 1:30pm**

**Admission fee (per person):**

\$10 (Pre-Sale)

\$15 (At the door)

**Location:**

Redlands Aikikai

590 Nevada St. # C

Redlands, CA 92373

2-Hour Zumba Party will be lead  
by Licensed Zumba Instructors:

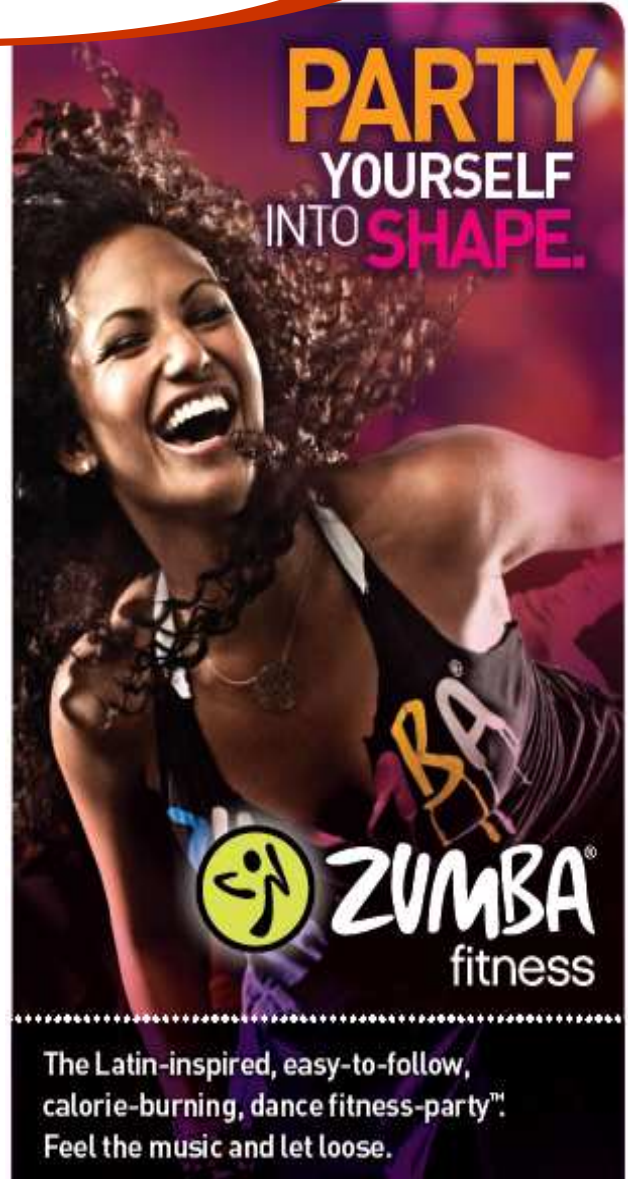
Marie Ynami and Melba Militante

Make sure to wear comfortable workout clothes  
and shoes and bring a bottle of water and a  
towel and get ready to party, dance, sweat and  
have fun!

For more information, call:

Marie Ynami - (951) 233-3657

Kristine Prakash - (909)335-5411



**Brought to you by:**



Redlands

Aikikai

**Zumba with Marie**